

Fédération Internationale Sportive de l'Enseignement Catholique

SWIMMING - RULES

In 2024, boys and girls swimmers should be born in 2007, 2008 or 2009.

The swimming programme consists of

- 1. Individual championship
- 2. Team championship

INDIVIDUAL CHAMPIONSHIPS

Article 1 The events are the following

1.1 **Girls:**

- 50 m. 100 m. and 200 m. backstroke
- 50 m. 100 m. and 200 m. breaststroke
- 50 m. 100 m. 200 m. and 400m. freestyle
- 50 m. 100 m. and 200 m. butterfly
- 100m (pool 25m) 200 m and 400 m individual medley
- relay events: 4 x 100m freestyle and 4 x 100m medley

1.2 Boys:

- 50 m. 100 m. and 200 m backstroke
- 50 m. 100 m. and 200 m breaststroke
- 50 m. 100 m. 200 m. and 400 m freestyle
- 50 m. 100 m. 200 m. butterfly
- 100 m (25m pool) 200 m and 400 m individual medley
- relay events: 4 x 100 medley and 4 x 100 freestyle

1.3. For girls + boys (mix):

- relays mix 4 x 50m (pool 25m)
- relays mix 4 x 100m (pool 50m).

For the relays it is possible to register 6 swimmers out of which four will compete.

NOTE (CTI decision 30 of November 2013): to make an event, it's necessary to have, after the definitive nominal inscriptions, 4 swimmers and 2 countries.

Article 2

Each country may register any number of competitors.

Article 3

Each swimmer is allowed to participate in 4 events plus the 2 relays

Article 4

The program will be held over 5 days. 1 day training - 2 days competition - 1 day rest (recovery) - 1 day competition

- The beginning of the competition must absolutely be preceded by at least half a day of training for the teams.
- The competition takes place on 5 half-days (4 for the individual championship and 1 for the team championship) spread over 3 or 4 days.
- It is impossible to have two consecutive days with competition taking place in the morning.
- The team championship must take place in the morning of the 5th day.

The modifications of the program will be studied by the CTI, in agreement with the OTI.

Article 5 Qualifications

- For the 50m and 100m backstroke, breaststroke, freestyle and butterfly, depending on the number of participants, the eight best times qualify for the finals (if it is an eight lane pool). Otherwise the best times corresponding to the number of lanes will qualify.
- The 200m backstroke, breaststroke, butterfly, freestyle, individual medley, the 400m freestyle, 400m individual medley and relays will be straight finals based on times
- Any withdrawal in an event of the individual championship must be announced to latest the 30 ' after the end of the $\frac{1}{2}$ day of competition preceding that during which the test must proceed. The swimmer who would not present himself at the beginning of an event without having respected this instruction, will be disqualified for all the other tests of this same $\frac{1}{2}$ day.

TEAM CHAMPIONSHIPS MALE AND FEMALE

Article 6

They will take place on a special event, the fifth day in the morning.

Article 7

Each country can register teams as many as it wishes it. The composition of the teams is given to the OTI at the latest 11 a.m., the morning of the 4th day of the games.

The composition of a team can be changed at the latest 1 hour before the beginning of the competition. However the change can relate to only the name of the swimmer, not the event.

Article 8

A team is composed of 4 male swimmers or 4 female swimmers.

Article 9

The following events will be held for both girls and boys:

100m backstroke - 100m breaststroke - 100m freestyle - 100m butterfly - relay 4 x 50m freestyle.

Article 10

Each team must register two swimmers per event.

Article 11

Each swimmer must take part in 2 events plus the relay.

Article 12

Points will be awarded as follows:

- The first in each event will be awarded a number of points equivalent to double the number of participating teams.
- The second, a point less and so on. Withdrawal (no-show), retirement or disqualification will receive 0 point.

The overall placings of each event is established after the swimmers have competed in the different series of that event (see example in annex classification)

Article 13

For the relays, the first team will be awarded a number of points equivalent to double the number of participating teams. The second team will be awarded 2 points less etc. Withdrawal (No-show), retirement or disqualification will receive 0 point.

Article 14

Ranking example "100m freestyle and 4×50 relay freestyle. To be used as a reference for the ranking during the team championships

In the event of 5 participating teams

100m freestyle

rank	time	points
1 st	58"37	10
2 nd	58"92	9
3 rd	1'02"55	8
4 th	1'02"55	8
5 th	1'04"27	6
6 th	1'05"27	5
7 th	1'07"33	4
8 th	1'09"73	3
9 th	1'15"64	2
10 th	withdrawal	0

relay 4 x 50m freestyle

rank	time	points
1 st	1'43	10
2 nd	1'43"62	8
3 rd	1'44"93	6
4 th	1'48"32	4
5 th	1'48"43	2

Article 15

The team with the greatest number of points will be declared the winner. In case two teams end up with the same number of points the team which has the biggest number of first places will take first place. If the teams remain equal then the biggest number of second places will be taken into account, then the biggest number of 3rd places etc. the relay will be considered like the other events.

GENERAL REGULATIONS

Article 16

On the day the delegations arrive, the identity control of the participants will be made by the national delegate who will leave the identity control sheet at the "bureau de contrôle" (checking).

The composition of the heats and allocation of lanes will be decided in accordance with the international swimming federation regulations.

When there are no heats, finals will be organised as fixed in the programme

Article 17

Except the rules described above, FINA regulations are applied.

Article 18

Cases which are not covered by these regulations will be settled once and for all by the I.T.C. (International Technical Commission).

Reminder

Registration procedure for the summer Games

February, 21st: Definitive non nominative inscriptions.

30 days before start of the Games: Enrolment with the final list of names with choice of the events and information of the entry results.

Day of arrival: last possibilities of modifications. No modification of events will be accepted after the meeting of the coaches with the OTI and the venue manager of the organizing Committee.

Every information will get on time to the national delegates through the medium of the ITC.